Phase I Walk Through

Accessing the Phase I All Persons Trail system would start by parking the paved parking lot on the west side of Illinois Avenue shortly up road from the existing boat launch and river. This lot would be accessible by Sac RT Go Paratransit service. There are also van accessible stalls and an accessible restroom. Traveling to the southeast corner of the parking lot you would enter the trail head and find a post and rope system. Your first stop as marked on the rope would be a directional sign in braille with a raised trail map. You would also be able to connect to your first electronic data using Navi Lens or Right Hear.

Continuing on the trail using the post and rope guide you would come across several interpretive signs and electronic data providing information about the natural environment and history of Sailor Bar. In approximately one thousand feet you will reach the viewing platform area overlooking the American River. Your first experience may be hearing the river running over the rocks or possibly water birds calling. Here you will find benches to rest and a safety railing to keep you safe from the river embankment. On the safety railing you will find more interpretive signs and electronic data providing information about the river, salmon, and the history of dredging for gold.

After a short rest at the viewing platform you would continue following the post and rope guide north. Along the way you would encounter additional interpretive sign and electronic data. In approximately one quarter mile you would turn right following the post and rope guide and start traversing the trail through an oak woodland area. You might start hearing the local birds in this area. You will also come across additional interpretive signs and electronic data. You will also find benches and a resting area shaded by the oak trees.

You will continue following the post and rope guide and return to the parking lot. Your total distance traveled will be approximately three quarters of a mile.

Turtle Pond Trail

For this individuals with assistance you can continue on the All Persons Trail north of the return trail to the parking lot. This leg of the trail heads north to Turtle Pond. As you head down the trail you will find additional interpretive signs and electronic data. After traveling approximately one quarter of a mile you will reach additional post and rope guides leading you to the resting area with benches on the south end of Turtle Pond. Here you will find additional interpretive signs and electronic data. Siting in the benches you will here the local birds including water birds would call the pond home.

For those wanting a shorter outing. You can gain access to the Turtle Pond trail head from the more northerly paved parking lot, located just south of Turtle Pond on the west side of Illinois Avenue. You will travel across the parking lot to the north end where you find the trailhead to Turtle Pond. You will find a way finding map and a post and rope guide to lead you to Turtle Pond which is located only three hundred feet away. Along the way you will find interpretive signs and electronic data. Siting in the benches you will here the local birds including water birds would call the pond home.

Sailor Bar All-Persons Trail Vision Map Description

The Sailor Bar All Persons Trail Vision Map provides a scaled aerial photography map of Sailor Bar with colored lined superimposed over the image showing proposed the locations of the All Persons Trail system. The map area extends from the Sailor Bar Olive Avenue access to the

west eastward past Illinois Avenue. Different colored lined designate the Phase I trail system and possible future extensions. The Phase I trail system is located adjacent to Illinois Avenue just north of the existing boat launch area at the river. Phase I would consist of a paved parking lot accessible by SacRT Go paratransit service, and would have accessible restrooms and van accessible parking stalls. An orientation sign would be located at the beginning of an accessible trail at the parking lots south end. The Phase I trail system would extend down to a river overlook that includes a flat viewing area with safety railings and benches. There would be a post and rope guide along with interpretive signs and electronic data accessible using Navi Lens or Right Hear. At the river overlook safety railing would have interpretive signs and electronic data. The map shows the trail continuing north from the river overlook and extending to Turtle Pond which is located in the northern portion of Sailor Bar. The post and rope guide would continue along a easterly trail loop back to the parking lot. The section of the trail north of the return loop trail would not have post and rope guide, so and assistant would be needed to traverse this section of the trail. There would be a viewing area and interpretive signs also at Turtle Pond. The parking lot located just south of Turtle Pond and adjacent to Illinois Avenue is also shown on the map to be paved. From this parking lot the trail to Turtle Pond would have a post and rope guide system.

In the central and westerly portion of the map, colored lines are superimposed over the existing gravel roads system to show the location of future accessible trails. The orientation of the existing gravel roads forms a large oval approximately one mile in length and a quarter mile wide and could provide up to two miles of accessible trails. The map provides a cross section view of how these gravel roads would be modified to add an accessible trail surface on the outside edge. The map includes three cross section illustrate showing how a horse and a wheelchair could safely occupy the same wide gravel trail system. The map identifies these gravel roads with accessible trails as a Multi-Use All Persons Trail.

The map also includes numbered squares along the river showing locations for both possible river overlooks with benches and also a picnic area. The map legend describes the picnic area as being accessible by wheelchair and with wheelchair accessible picnic benches.