

**COUNTY OF SACRAMENTO
CALIFORNIA**

For the Agenda of:
February 4, 2025

To: Disability Advisory Committee
From: Liz Bellas, Director, Department of Regional Parks
Subject: Early Notification And Approval of 2025 Sailor Bar ADA
Concept Plan
District(s): Desmond

RECOMMENDED ACTION

Approve 2025 Sailor Bar ADA Concept Plan.

BACKGROUND

Public accessibility begins in the public parking lots. There are seven individual parking lots at Sailor Bar open to the public, and each lot requires a minimum number of accessible parking stalls pursuant to the 2022 California Building Code (CBC) chapter 11B, section 208.

The Department has budgeted \$209,513 to address specific accessibility needs within Sailor Bar as listed in the Sailor Bar ADA Accessibility Review Report 2019 (Attachment 1). This work includes repairs to the restrooms, some ADA parking spaces and required path of travel from the restrooms.

Below is a brief summary of work anticipated to be completed under this project:

Olive Avenue Access Parking North

This is an existing paved parking lot with approximately 78 parking spaces. According to the CBC, four stalls must be accessible. The landscape median to the south of this lot would be an excellent accessible location for the existing Boy Scouts of America flag and flagpole to the east. Existing gates prohibit vehicular access beyond the parking area, except for emergency and maintenance vehicles.

Olive Avenue Access Park South

This is an existing paved parking lot with are approximately 20 parking spaces and public restrooms. According to the CBC, one stall must be accessible.

Existing gates prohibit vehicular access beyond the parking area, except for emergency and maintenance vehicles.

Illinois Avenue Access Parking

This is an existing paved parking lot with 11 parking stalls. Temporary parking is typically used for a visitor completing the self-pay process, then they move on. According to CBC, one stall must be accessible stall. Access to the information board & self-pay will be provided.

Sailor Bar Boat Access

This is a small, paved lot that holds 9 cars plus two accessible stalls. It is mainly a boat access point with vehicles parking in the Fishing Access Lot after unloading. The existing stalls will likely only need compliant striping and signage.

Sailor Bar Fishing Access

This is an existing gravel lot with 98 parking stalls. During salmon fishing season, this parking lot can reach capacity. The lot usually is not full during the rest of the year. This parking lot has a restroom. According to CBC, four stalls must be accessible. There would also be a path of travel across the southern edge of the lot, then crossing the paved access road.

Restroom Improvements

Various ADA restroom improvements, including door clearances, door swing, signage and remodeling to provide adequate space to meet ADA requirements.

DISCUSSION

In addition to the ADA work already included in the Regional Parks Capital Improvement Plan (CIP) for Sailor Bar, the Department has prepared a conceptual plan which would develop fully accessible trails in Sailor Bar (Attachment 2). This plan includes an accessible path to a public viewing area from the River West gravel parking lot, and the installation of a product called "Righthear," which is designed to meet the needs of our blind and low-vision visitors by providing audio descriptions of the trail and facility as well as directional, safety and interpretive signs (Attachment 3). This service also allows for translation into several different languages. This system does not require WiFi or electricity and is accessible through a free app for cell phones for both Android and iOS users. For more information, visit: <https://www.right-hear.com/parks/>

Below are excerpts from the American River Parkway Plan, Sailor Bar Area Plan:

Activities and Facilities

Existing facilities at Sailor Bar include a day camp, equestrian/hiking trails, pedestrian trails, a turfed picnic area, a paved parking area, unimproved access roads to the river (including informal parking), a paved road leading to the concrete boat ramp and vault restroom, a picnic area, and a portable restroom facility. Activities which currently take place at Sailor Bar include day camping, horseback riding, running, nature study, fishing, boating, and picnicking. Activities which are encouraged for the Sailor Bar Area include the existing activities described. Trails for persons with disabilities would supplement the existing activities.

The warm water fishing pond near the Illinois Avenue entrance provides a natural quiet setting for nature study as well as fishing. This area should be considered as a potential location to enhance access for persons with disabilities

Additionally, the American River Parkway Plan states the following policy regarding access for persons with disabilities:

8.17 All new facilities and renovations or alterations of existing facilities, where applicable for the intended use and access of the facility, shall be accessible to persons with disabilities. Designated entryways for accessible trails shall be installed at several locations throughout the Parkway. All trails designated for persons with disabilities shall be appropriately signed to serve persons with disabilities.

The elements of the 2025 Sailor Bar ADA Concept Plan are summarized below:

Trail #1 NEW

Trail #1 would depart from Turtle Pond Access Parking and connect to Turtle Pond. The existing trail would be abandoned and returned to natural vegetation. A new accessible nature trail is proposed to connect parking to a new observation area at Turtle Pond.

Trail #2 MODIFIED

This existing trail follows alongside the northern shoreline of the American River. Regional Parks proposes to convert this trail to an accessible nature trail that connects Sailor Bar Fishing Access to River West Access Parking. The

trail would be modified to eliminate excessive cross slopes & running slopes and would be surfaced with ADA compliant material.

Trail #3 NEW

Regional Parks proposes development of a new accessible loop trail. The existing environment and natural grades provide a good opportunity for people with developmental disabilities to further experience Sailor Bar.

Turtle Pond Access Parking

This large gravel parking lot houses 40-50 cars depending on how visitors park. Based on this number of cars, two stalls must be accessible. With the conceptual project, an emergency access gate would continue to allow emergency response vehicles access to existing gravel roads but would prevent public vehicular traffic. This parking lot would provide access to the new Trail #1 connecting Turtle Pond to the parking lot.

Sub-Turtle Pond Access Parking

This small gravel lot provides access to an unimproved but popular hiking trail. The lot holds 20 cars. There are no restrooms available, nor is this point of the trail accessible to users. No improvements are proposed for this parking lot.

River West Access Parking

This parking lot has room for 15 stalls. According to CBC, one stall must be accessible. Regional Parks proposes an accessible path to lead down to a river overlook that ties into Trail #2.

Accessible Parking

All the lots at Sailor Bar have either compacted gravel or asphalt paving as the surface. New accessible stalls would require a 6" concrete slab over 4" of ¾" aggregate base compacted to 95%. The slab would have #4 rebar @ 24" O.C. E.W. The parking stall would have the required access aisle, signage, striping and pavement markings. There would be no steps greater than 4" to the finished grade from top of finished concrete. Vehicular approach to accessible stalls would be flush with top of finished concrete. Single Accessible stalls would measure 17' wide x 20' deep.

Double Accessible stalls would measure 23' wide x 20' deep.

This project is currently unfunded, and Regional Parks is looking for grant opportunities and/or partnerships to complete this work.

Regional Parks is requesting feedback and input on this plan, as well as conceptual approval, from the Disability Advisory Committee.

American River Parkway Early Notification Procedures

Per the American River Parkway Early Notification Procedures, below are the project types to be noticed:

The Parkway Manager will determine what projects warrant early notification, based on the three project types listed below. These project types require early notification:

- 1. New Facilities & Uses Not Identified on Local Area Plan Maps*,
and*
- 2. New Facilities and Uses Identified on Local Area Plan Maps*,
and*
- 3. Significant Changes in Use or Re-modeling of Existing Facilities
identified on Local Area Plan Maps*.*

**Local Area Plan Maps are found in the American River Parkway Plan and include current and proposed facilities and uses. Any new facility or use typical of those shown in the legend (Exhibit 2) require a local area plan amendment and must be mapped on within the Local Area Plans.*

The 2025 Sailor Bar ADA Concept Plan falls under the Early Notification Procedures and will be presented to the American River Parkway Advisory Committee in addition to the County's Disability Advisory Committee and Recreation and Park Commission for input, feedback and conceptual approval (Attachment 4).

Following these meetings, a final conceptual plan will be developed to assist with future grant applications. When funding for the project is secured, the plan will proceed to engineering and design. Final construction drawings will be presented to the Recreation and Parks Commission for approval and an American River Parkway Plan Consistency Determination will be prepared. The project will not proceed with implementation until all required permits and environmental review is complete.

FINANCIAL ANALYSIS

The Regional Parks CIP budget includes \$209,513 specific to ADA work for Sailor Bar, to start to address items detailed in the Sailor Bar ADA Accessibility

Review Report 2019. The remainder of the 2025 Sailor Bar ADA Concept Plan is unfunded; the Department is looking for grant opportunities and/or partnerships to complete this work.

ATT 1: Sailor Bar ADA Accessibility Review Report 2019

ATT 2: 20205 Sailor Bar ADA Concept Plan

ATT 3: RightHear Technology Summary

ATT 4: American River Parkway Plan Early Notification Notice